

An anatomical illustration of the human jaw and temporomandibular joint (TMJ). The illustration shows the mandible (lower jaw) and maxilla (upper jaw) in a light beige color. The TMJ is highlighted with a white, rounded structure representing the articular disc and a red, fibrous structure representing the joint capsule. The background is a solid light beige color.

Friday, July 18
3:30-5:30pm

JOINT UNDERSTANDING

**Advanced Insights into Myofunctional Therapy
for TMJ Health**

RDH UOR - JULY 2025 - DALLAS, TX
KARESE LAGUERRE CRDH, COMP

FOLLOW ALONG OUR JOURNEY TODAY

-01-

INTRODUCTION

A warm welcome with an overview of objectives and an opportunity to get to know your speaker.

-02-

COMPENSATORY TMJ PATTERNS & OMT REMEDIATION

Review of compensatory patterns that deteriorate the TMJ and the functional remediation that OMT provides.

-03-

MOUTH BREATHING & TMJ STRESS

Mouth breathing's impact extends beyond what you may know, uncover the correlation to TMD.

-04-

COLLABORATIVE CARE & TRIAGE EXERCISES

Let's get interactive! Review of exercises and strategies built to improve patient outcomes.

-05-

REFERRAL GUIDELINES & INTEGRATION

When, why and to whom does referral happen.
Practical steps to seamless integration of this new info.

-05-

CONCLUSION & Q&A

Wrapping up by answering all your burning questions.

The Basics

What's the 1-minute breath test?

Where does my tongue rest?

Who can I think of that needs myo?

Anatomy Refresh

Let's see how much you remember from Anatomy and Physiology...

How many tongue muscles are there?

What is the tongue considered and how does it operate?

Which muscles are utilized to open the jaw?

Anatomy Refresh

Which muscles are utilized to close the jaw?

Pain patterns associated with TMD are:

OMT helps with TMD because it produces:

Opportunities

In this section, list some of the signs, symptoms, or findings that indicate a potential patient with oral dysfunction

Medical History

Intraoral

Extraoral

Exploratory

notes

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notes

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Thank you!

Beyond the clinical setting, Karese is an educator, speaker, and advocate for change. She envisions a world where oral health isn't just a routine, but a gateway to a fulfilling life. With a knack for fostering connections and inspiring growth, Karese invites you to join her on a transformative journey towards better smiles and better lives on Facebook in The Myo Community group.



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