

Handouts

Smile with Pride

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Terminology:

Lesbian - women attracted to women

Gay - umbrella term and men attracted to men

Bisexual - attraction to men and women

Pansexual - attraction to person's qualities regardless of gender identity.

Transgender - gender identity or different expression of gender than what was assigned at birth.

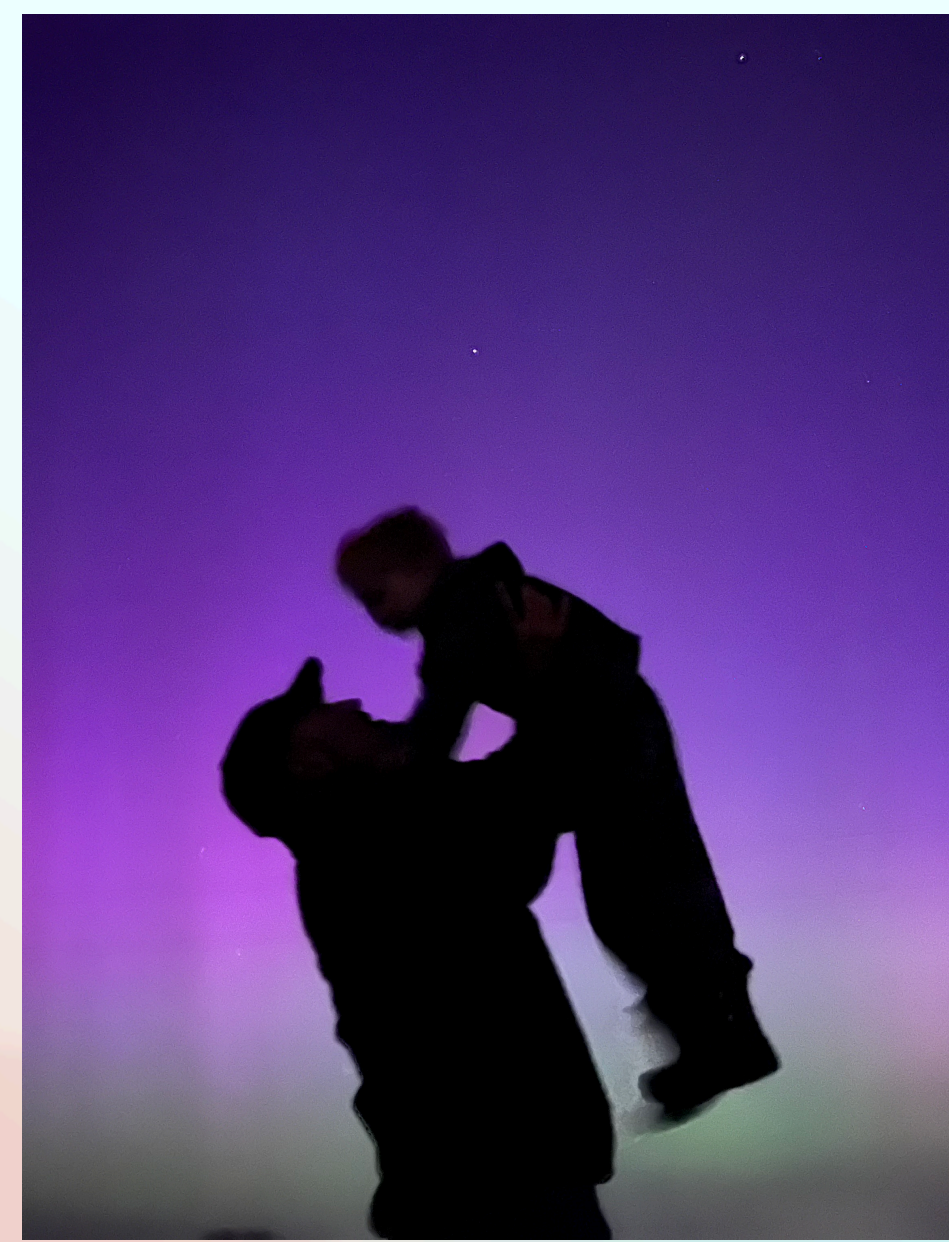
Queer - umbrella term for people who think of the sexual orientation or gender identity as outside the social norm.

Intersex - reproductive organs don't develop according to traditional expectations

Asexual/Aromantic - little to no sexual attraction for others, not to be confused with "aromantic people"

Ally - support the rights of the marginalized but not a member of the community

Two Spirits - umbrella term used by some Indigenous people to describe sexual, gender and/or spiritual identity



Gender Dysphoria

Definitions

- **Gender Dysphoria** - psychological conditions (distress or discomfort) related to when a person's assigned birth gender is not the same as the one with which they identify.
 - Often begins in childhood, some may experience later during or after puberty (American Psychiatric Association)
- DSM-5-TR - has to occur for at least 6 months, 2 of the following -
 - strong desire to be treated, to be of the other gender, wanting primary or secondary sexual characteristics or strong typical feelings and reactions of the other gender
 - Marked incongruence between one's experienced/expressed gender
 - Strong desire to be rid of one's primary and/or secondary sex characteristics
- **Gender Incongruence** - when a person's gender identity doesn't match the sex they were assigned at birth
 - Strong desire to be a different gender, strong dislike for their sexual anatomy, or a desire or dislike for secondary sex characteristics



Inequality

Unequal access to opportunities



With apologies to Shel Silverstein from @lunchbreath

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Equity

Custom tools that identify and address inequality



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Equality?

Evenly distributed tools and assistance

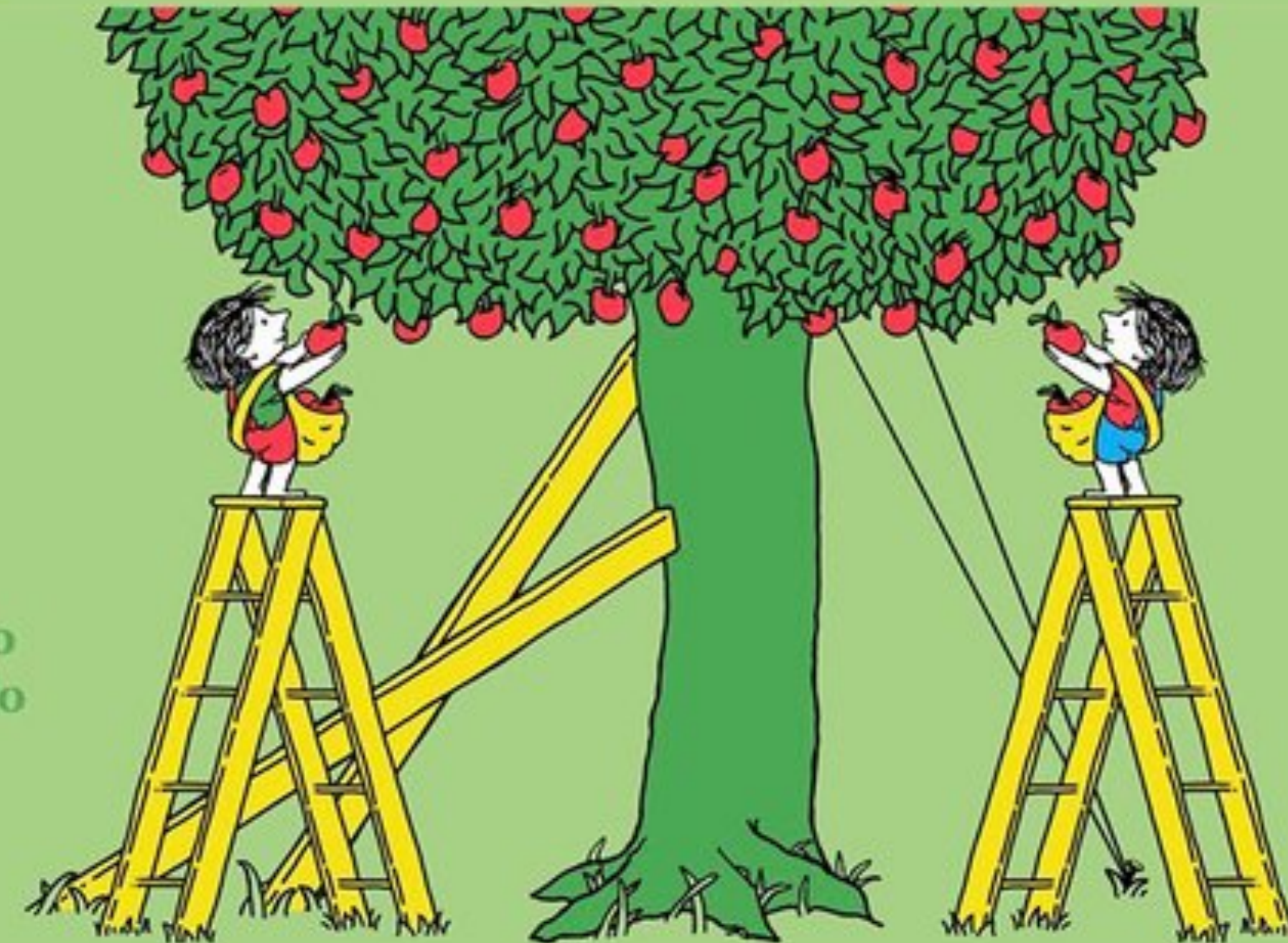


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Justice

Fixing the system to offer equal access to both tools and opportunities



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Social Control

Stigma

- **Labeling** - make sense of the world aiding in mental shortcuts for understanding others.
 - Can create biases and discrimination as one is unfairly judged or treated.
 - Can be created as a form of self-identification or empowerment. Reclaiming power over terms
- **Stereotyping** - categorize individuals or groups based on perceived characteristics
 - Can arise from fear or uncertainty, especially when we perceive it as threatening or unfamiliar. Too often reinforced by Media
 - Be careful of Cognitive Biases: Confirmation Bias, In-group Bias, and Attribution Bias
 - Can serve to increase social identity and group cohesion by focusing on similarities within the group
- **Marginalizing** - treat people or group as though they are insignificant
 - Can be used as a way to maintain power or dominance over others
 - Sometimes done out of fear and can stem into stereotypes, or done to individuals that deviate from social norms or expectations
- **All cause adverse health outcomes among transgender people**
- **Need to challenge systemic inequalities, promote empathy and understanding.**
- **Advocate for social justice and create inclusive space for individuals to feel valued and respected**



RESOURCES

1. **National LGBT Health Education Center:** Training, continuing education, online modules, and publications on LGBT-affirming behavioral health and primary care, lgbt aging, and collecting sexual orientation and gender identity data. www.lgbthealtheducation.org
2. **LGBT Aging Project:** LGTB cultural humility training, community engagement, resources for LGBT older adults and LGBT bereavement support groups. www.lgbtagingproject.org
3. **GLMA Health Professionals Advancing LGBTQ Equality:** National Organization committed to ensuring health equity for LGBTQ individuals and quality for health professionals in their working and learning environments. They utilize scientific expertise of its diverse multidisciplinary membership to inform and drive advocacy, education and research. Also have an LGBT national health directory. www.glma.org
4. **World Professional Association for Transgender Health:** To promote evidence based care, education, research, public policy and respect for transgender health. Also have a national health directory. www.wpath.org
5. **The Trevor Project:** Crisis services, career support, research, advocacy, and public education. Mostly dealing with youth between ages of 13-24. 24 hr help line, have resources and created a “Trevor Space” for teens to find other people in the community. They work to stop suicide in youth today. www.thetrevorproject.org

Oral Health Implications

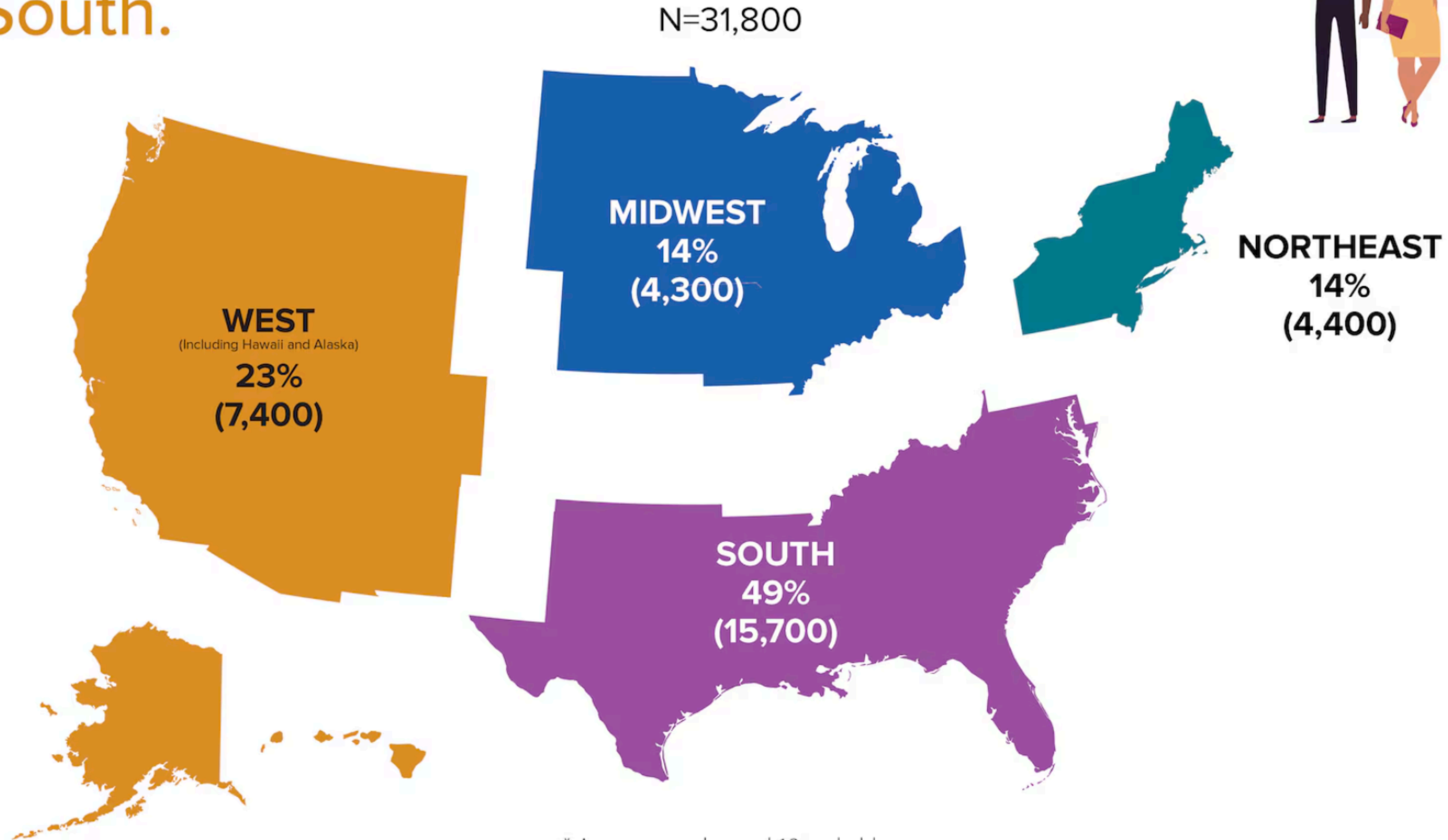
Hormone Therapy (MTF)

- **ASK!!**
- Increased estrogen levels can act as a muscle relaxant
 - Decreases smooth muscle tone
 - Causing esophageal sphincter relaxation
 - Acid Reflux increases by 32%
- Increase in Thrombosis
- Increased estrogen increases blood flow to the gums
 - This causes gums to become more sensitive to irritants
 - Increase risk of gum disease
- Low testosterone can show bone loss



Estimated HIV infections in the US by region, 2022*

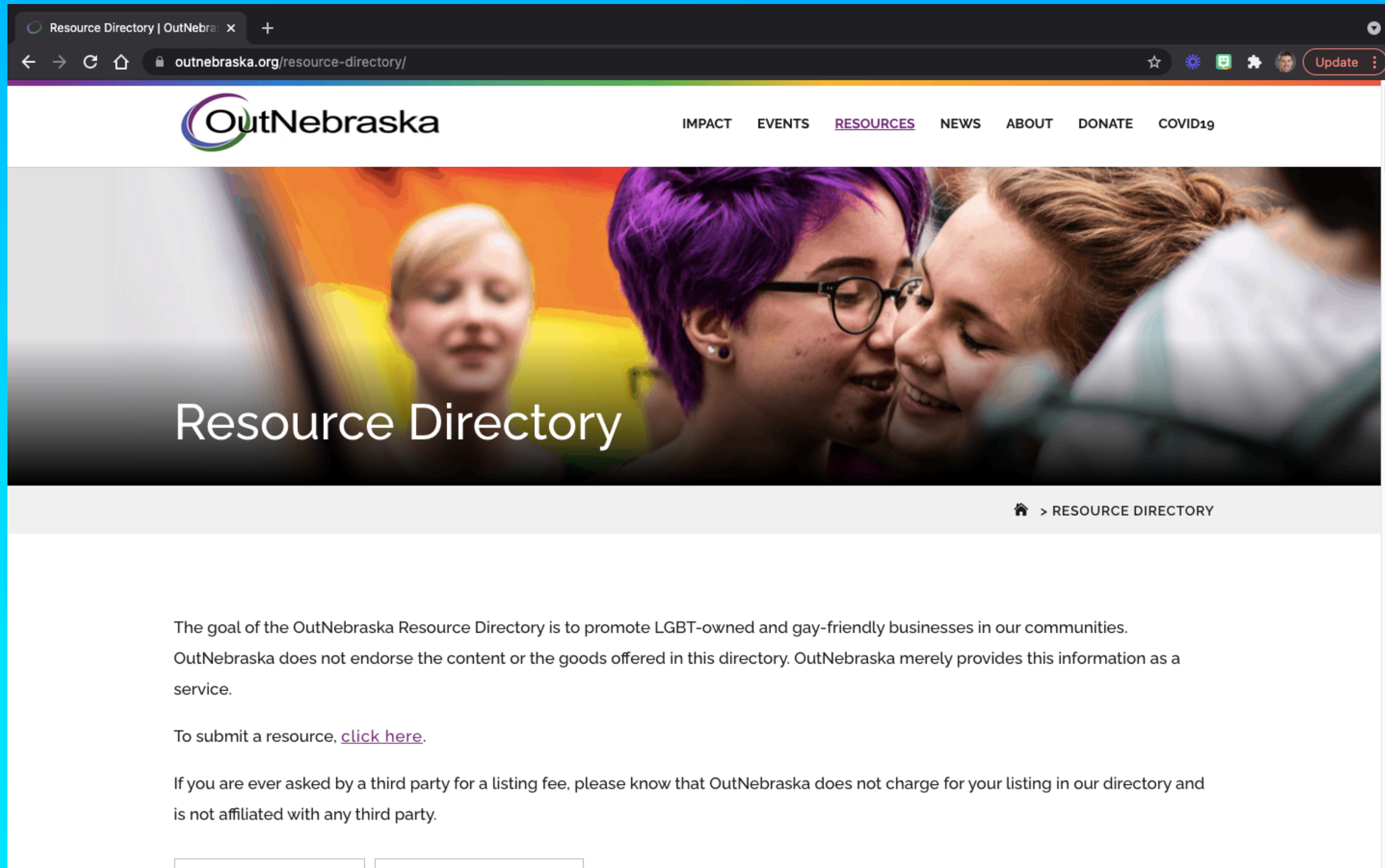
Nearly half (49%) of new HIV infections were in the South.



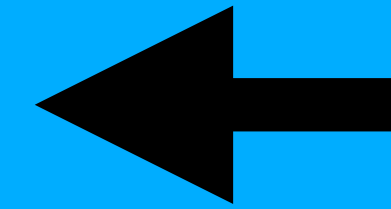
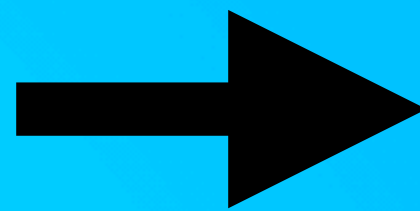
* Among people aged 13 and older.

Source: CDC. Estimated HIV incidence and prevalence in the United States, 2018–2022. *HIV Surveillance Supplemental Report*, 2024; 29(1).

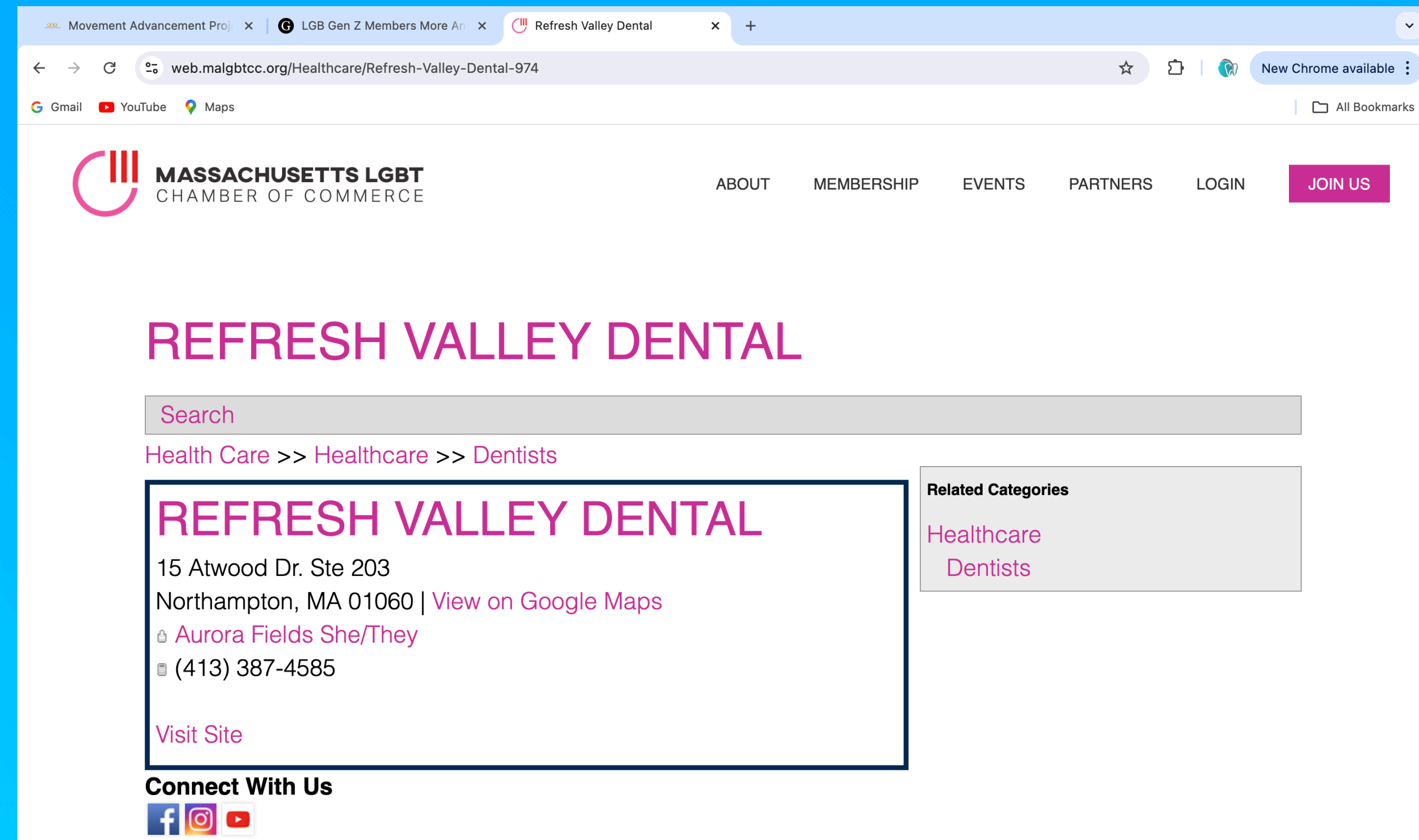
FIND YOUR LOCAL LGBT DIRECTORY



Massachusetts
[Massachusetts LGBTQ Chamber](https://malgbtcc.org/)
<https://malgbtcc.org/>



Nebraska
[OutNebraska](https://outnebraska.org)
outnebraska.org



RYAN WHITE PROGRAM



HISTORY

- * Ryan White was 13 in 1984 when he was diagnosed with AIDS in Indiana
- * There were no precautions from the CDC until after this incident
- * They only gave him 6mo but started to feel better
- * Wanted to go back to school and wasn't allowed to fight become public - took 1 1/2 years
- * People were so ignorant toward Ryan they said "God was punishing him."
- * He died 1 mo before his Highschool graduation
- * 1990 RWP was signed into office to assist others with HIV getting treatments, medication, and bills.

Have your office sign up for the Ryan White Program. \$13,414,000 for dental 2022

1. Provides HIV-related services
2. Fills gaps not met by other payers
3. DRP - Dental Reimbursement Program

You decide

Your Level of Care

- www.pearlywhiteprevention.com

- ryan_rutar



- pearlywhiteprevention



- ANY QUESTIONS?

