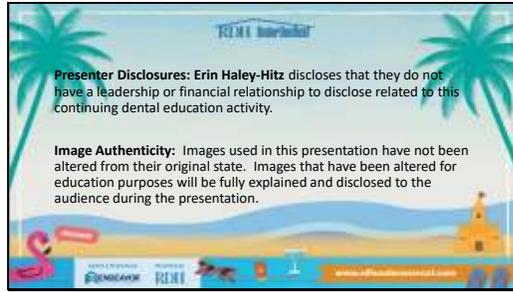
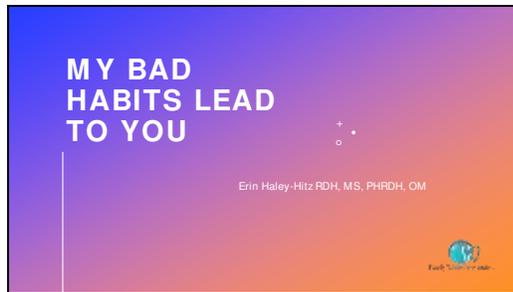


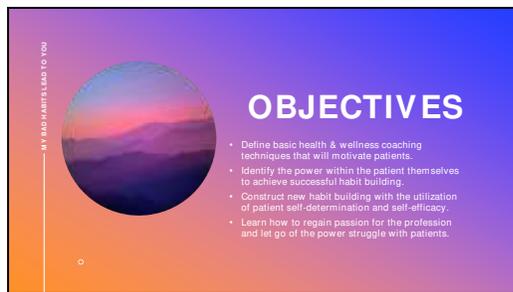
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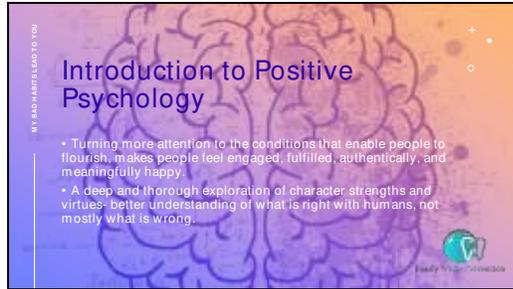
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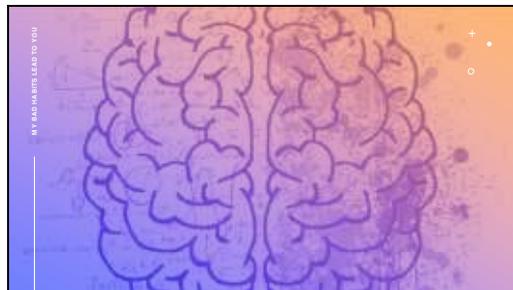
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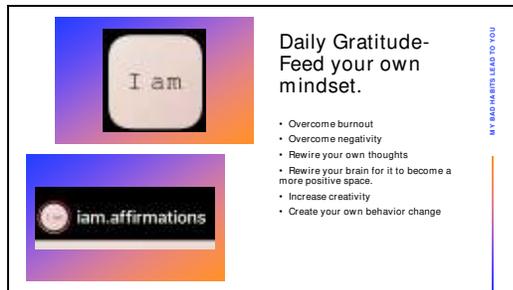
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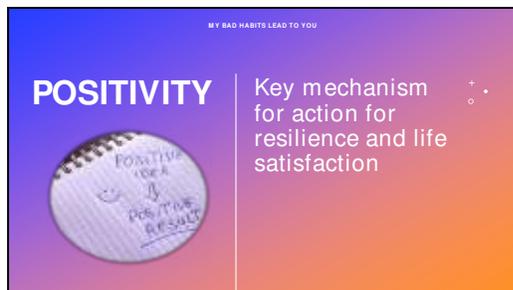
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Slide 11



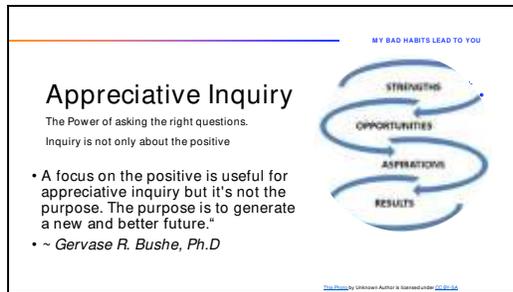
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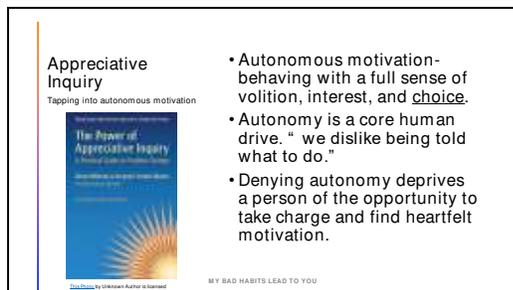
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CORE PRINCIPLES

MY BAD HABITS LEAD TO YOU

- **Constructionist**- words create worlds.
- **Simultaneity**- Creates change; the first question is fateful.
- **Poetic**- WE can CHOOSE what we want to study.
- **Anticipatory**- Inspires action, positive images of the future lead to positive actions.
- **Positivity**- Positive questions lead to positive change.

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AI vs. Problem Solving

MY BAD HABITS LEAD TO YOU

Wins

- Assumes infinite capacity for imagination.
- What to grow.
- True, good, better, or what can be possible.
- Defines the ideal first.
- Expands vision for the future.

Losses

- Assumes problems to overcome.
- What to fix.
- Problems, symptoms, causes.
- Breaks things into pieces.
- Responds to the past.

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Powerful Questions

MY BAD HABITS LEAD TO YOU

Appreciative Inquiry

- Holistic Approach
- Creates sense of unity.
- Expands possibilities.
- High Energy - invokes change.
- Inspires Creativity.
- May reduce other problems.

Problem Solving

- Piecemeal Solutions.
- May seek to place **BLAME**.
- Narrows scope of vision.
- Can lower energy- resistance to change.
- Can inspire a crisis mentality
- May not address the root issue.

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5 D Cycle of Appreciative Inquiry

- Define- What is the focus?
- Discover- What gives life?
- Dream- What might be?
- Design/Destiny- How can it be? What will be?
- Delivery- How to?

MY BAD HABITS LEAD TO YOU

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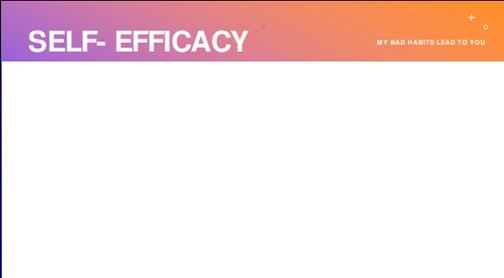


MAKING CONNECTIONS

SELF EFFICACY AND SELF DETERMINATION

MY BAD HABITS LEAD TO YOU

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SELF- EFFICACY

MY BAD HABITS LEAD TO YOU

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LEARNED HELPLESSNESS MY BAD HABITS LEAD TO YOU

- Occurs when continually faced with negative uncontrollable negative outcomes.
- Causes one to stop trying to change their circumstances even when they have the ability to do so.
- The perception that one cannot control a situation elicits a passive response to the harm that can be occurring.
- Trauma can lead to avoidance of healthcare.

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Learned Helplessness: Contraindications MY BAD HABITS LEAD TO YOU

- learned helplessness can emerge from and contribute to depression, anxiety, and PTSD disorder.
- Causing continued avoidance of dental care or any health care.
- Causing continued cycle of unchanged behaviors.



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BREAKING THE CYCLE OF SHAME & BLAME MY BAD HABITS LEAD TO YOU

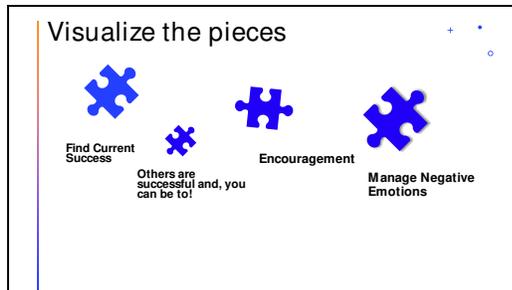
Stop the cycle to empower your patients to change.
Help patients determine the path by meeting them where they are.
Let go of your frustration by accepting their plan and the path they choose.



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Final Thoughts...

"We live in the world our questions create."
- David Cooperider

An Appreciative Inquiry conversation is the catalyst for strengths based innovation.
- Tony Doale

MY BAD HABITS LEAD TO YOU

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Room Monitor has the Course Code

www.PearlyWhitePrevention.com

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